

# BIO-DATA



**NAME** - **Archita Rai**

**FATHERS NAME** - **Shri Uddhav Rai**

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Gorakhpur**

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**DATE OF BIRTH** - **10, May, 1999**

## ***EDUCATIONAL QUALIFICATION-***

<b>Exam. Passed</b>	<b>Name of Examining Body</b>	<b>Year</b>	<b>Division</b>	<b>Subject Offered</b>
Ph. D	Integral University, Lucknow	2023	Perusing	Psychology
Pre Ph.D	Integral University, Lucknow	2023	I <sup>st</sup>	Research Methodology, Computer Application
M.A.	D.D.U. Gorakhpur University, Gorakhpur	2022	I <sup>st</sup>	Psychology
B.A.	D.D.U. Gorakhpur University, Gorakhpur	2020	I <sup>st</sup>	Psychology, Philosophy ,Hindi
Intermediate	U.P. Board	2016	I <sup>st</sup>	Hindi, English, Physics, Chemistry, Mathematics
High School	U.P. Board	2014	I <sup>st</sup>	Hindi, English, Mathematics, Science, Social Science, Drawing

## ***CAREER PROFILE -***

<b>Institution</b>	<b>Date of Joining</b>	<b>Designation</b>	<b>Duration</b>
S.V. Inter College, Tarya Sujan	1 May, 2016 till 30 July, 2017	Lecturer	1 year
Central Public School, Gorakhpur	1 September 2022 till 30 September 2023	Lecturer	1 year
Maharana Pratap P.G.College, Jungle Dhusan, Gorakhpur	1 February, 2024 till the Date	Assistant Professor in Psychology	

***SPECIALISATION / RESEARCH INTEREST*** : i. Clinical Psychology  
ii. Counselling Psychology  
Iii. Cognitive Psychology  
iv. Social Psychology

***COLLEGE / INSTITUTION SERVICE***

1. Co-Convener of Guidance And Counselling Cell sponsored by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.

***COUNSELLING EXPERIENCE:***

- (i) Work as Career Counselor in “Central Public School, Gorakhpur”
- (ii) Co-Convener of Guidance And Counselling Cell sponsored by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur

**Workshop-**

1. A Workshop Organized by Nai Subha Association, held on 13 November, 2019.
2. A Workshop Organized by Nai Kiran Association, held on December 2020.

**Seminar-**

1. Paper presented in the national seminar on “Counselling Psychology” organized by Deptt. of Psychology DDU Gorakhpur University on 15 – 16 April, 2022.

**Teaching Methodology-**

- Teaching by pre declared date wise teaching plan
- Summary provided on blackboard
- Lecture and blackboard teaching method
- Teaching by Power point presentation
- Lecture by demonstration of models
- Group discussion
- Conducting remedial classes
- Viva – Voce

**Extracurricular Method-**

- Lecture competition
- Guest Lecture
- Workshop

- Field Study
- Counselling skill training
- Class teaching by students once a week
- Monthly evaluation test
- Students participation in institutional social work

**Date :**  
**Plae :**

**(Archita Rai)**